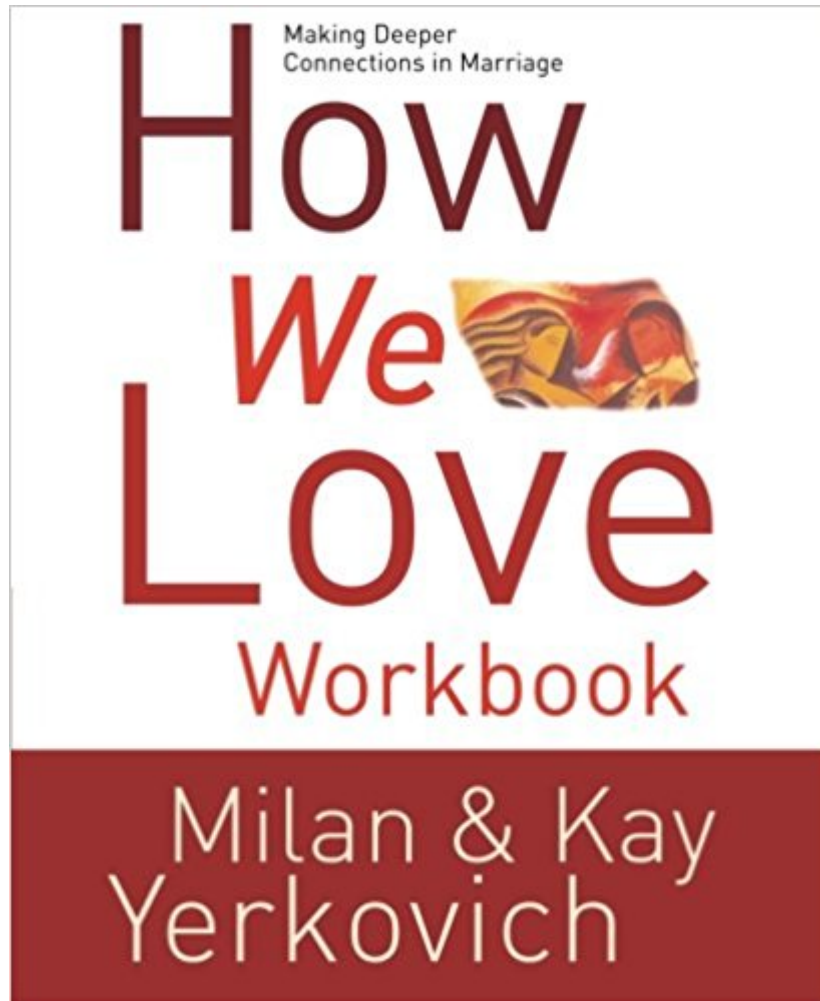


The book was found

How We Love Workbook: Making Deeper Connections In Marriage



Synopsis

Practical Help for Building a Stronger, More Passionate Marriage Every adult bears an intimate imprint of intimacy – an inner sense of how much emotional vulnerability they can risk based on childhood lessons about handling their feelings and needs. Those past experiences shape your behavior, beliefs, and expectations of all current relationships, especially marriage. This powerful companion guidebook “perfect for use on your own or in a group setting” will help you apply the principles from *How We Love* and break free of the harmful imprints of the past. Inside you will find practical, solution-focused tools for building a stronger, more passionate marriage, including: specific questions to help you and your spouse pinpoint barriers to intimacy; an assessment tool for identifying your intimacy imprint; strategic guidance in applying the principles for increasing intimacy; effective techniques to kickstart the process of lasting change; a plan for developing clear, personalized goals for your marriage relationship. Let relationship experts Milan and Kay Yerkovich guide you through a process of discovery that has transformed countless relationships, taking your marriage to a whole new level of intimacy as you learn to change *How We Love*.

Book Information

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Customer Reviews

I purchased this book set for my husband (& I) for Christmas. I also bought a large blank journal book. We have been working through each chapter of the book/workbook while answering in the journal (me on the right and my hubby on the left). It has been PIVOTAL in our relationship and has really helped us change the way we not only relate to each other, but has helped reframe our total thinking & forgiving process. If you are going to start somewhere - this is the place to do it. Milan is

also featured on "New Life Live" radio - and he is the 'real deal.' It will be the best money (and time) you have ever spent!

I've read books before that "categorize" your personality type, etc, and I have never heard anyone describe me... until I read this book. They nailed my personality or "love style", based on how I was raised. It really gave me insight into WHY I do things the way I do. And not only that, but it showed me HOW to work on those areas that need work. Great book... I am buying a copy of the book and workbook for some friends who are getting married. What better way to start off marriage, than to understand yourself better, before trying to understand someone else?! This book has also helped me understand my husband better too and be more compassionate and understanding of him. :)

"How We Love" has been instrumental in our marriage. It was the first Christian "self-help" book we ever read; we also completed the first several chapters of the workbook together. "How We Love" was the catalyst for examining & understanding our childhoods (both our own and each others) as well as understanding why and how we communicate, argue, sympathize (or not), grieve, harbor anger, etc. so differently. On a personality test (not from their book) I "scored" about 98 out of 100 in the dominant category while my husband sauntered in at about 30 so it shouldn't have been a surprise that we came to a big blip in the road/marriage. Milan & Kay's love for the Lord is evident. Their love for God along with their transparency, encouragement and realness is so much appreciated. Thanks to them, God, and wonderfully commitment family and friends praying for us after 5 months of separation we are getting back together at the end of this month. Our married is renewed, reborn and headed down a very exciting road!!! Thank you!!

All healing is painful...it requires looking at what is broken and knowing what steps to take to grow and heal. This workbook is like a year of free therapy. Go slow and don't stop. It's deep and not for those who think change is possible in 3 easy steps. Lots of us read books and never really know how to apply what we learned. This workbook takes you on a journey that delivers growth. If your spouse won't do it with you, do it with a friend. It will help you stay accountable and learn to share on a vulnerable level. Life changing!

this work book is great to go along with the book. If you want to do Audible with the book then this workbook is a must have. You will not be sorry you have it. If my review was helpful please click "Yes" below. I want to become a better reviewer so I can help others before they make a purchase.

Thank you

The "How We Love" book and workbook are currently combined together in a single book at a reasonable price when you purchase directly from the New Life Ministries website. Side note: Since this workbook is no longer published separately, private booksellers may try and exploit a buyer with an exorbitant price tag that is out of reach for couples who need both resources for their marriage. Don't be fooled!

This is a must read for anyone having marital issues. I believe this book brought to light many of the reasons my wife and I have not connected. Easy to read and understand and even enjoyable reading. I plan on purchasing more copies for others. It's a book that I feel I will re-read several times to absorb every detail.

My husband and I are on our 46th year of marriage. Many ups and downs. This book has changed the way we relate and communicate with each other. Knowing him since I was 11 years old...now I'm 67, didn't mean I really knew him. We used the same method of communication as we did in junior high and it was sorely inadequate and resulted in many problems through the years. Now we are really talking and understanding each other after realizing I am a vacillator and he is an avoider. We have rekindled our love and respect for each other. It's never too late. We wake up each day positive and in love and with so much joy.

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